

# Infant Massage Therapist Job Description

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- Providing therapeutic massage services to healthy infants 3 weeks and above in a clinic setting or in their homes
- Provide education to parents and caregivers on massage, wellness, and benefits of infant massage
- Administer and teach parents and caregivers to use gentle massage techniques in soothing common discomforts, and promote restful sleep for the infant
- Help parents understand their baby's individual cues and methods of communication to enhance many life changing benefits
- Organize one-one/group training sessions to educate parents and caregivers on the benefits of massage to encourage appropriate emotional, cognitive, and physical development
- Offer one-to-one personalized consulting for parents who desire to bond with their children through application of massage techniques at home
- Educate them on appropriate Infant handling and positioning
- Teach massage techniques and how to adapt these skills as infants develop
- Administer and teach massage techniques for special situations (colic, babies born prematurely or with other additional needs, etc.)