

# Direct Care Worker Job Description

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- Assist clients with activities of daily living like bathing, dressing, grooming, and using the toilet
- Prepare simple meals and snacks according to client preference and/or special dietary needs
- Provide light housekeeping duties, such as cleaning living areas, laundry and changing linens
- Monitor vital signs of clients, such as blood pressure and temperature, and report issues to healthcare professionals
- Assist clients in transfer and ambulation techniques, including bed to wheelchair transfers
- Administer medication under the guidance of a nurse or healthcare provider, as permitted within state law
- Provide companionship to clients and offer emotional support
- Involve and assist clients with exercise and physical activities as appropriate
- Maintain proper documentation about clients' care, activities, and progress
- Communicate with clients, family members, and health professionals about all relevant information
- Provide recreation and socialization activities for clients
- Follow client care plans; carry out the instructions of nurses or other supervisors
- Encourage client independence and self-sufficiency whenever possible
- Assist with scheduling, and facilitating, medical appointments, including transportation to and from the appointment, if necessary
- Manage client finances and budgets
- Provide transportation for the client for appointments, etc.
- Keep the client safe and prevent falls or other accidents.
- Maintain confidentiality and privacy for clients.
- Perform emergency procedures, like CPR or first aid, as required.