

# Athletic Trainer Job Description

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- Provide the training and conditioning for athletes
- Implement the methods to ensure the health of athletes
- Advise on orthopedic issues for team players
- Provide counseling and guidance to players in terms of mental readiness, as well as performance improvement
- Diagnose and treat injuries
- Advise in terms of injuries, rehabilitation, and preventative measures
- Provide first aid care
- Ensure that the facilities are safe and clean at all times
- Assist with scheduling at the venues where the games are held
- Develop the fitness training and conditioning programs for the team
- Develop strategies to help improve the performance of athletes
- Provide advice on dietary and nutritional requirements of athletes
- Recruit new players, including evaluating talent from alternative sources
- Manage the team's finances and budgets (i.e., procuring funds) for equipment, supplies, etc.)
- Attend all games played by the team
- Set up and manage a training schedule.